

Preschool 345 Newsletter February 2017



Parents/carers, please feel free to chat with staff or committee members if you need any information or have a question. We will all be happy to help or to point you towards someone who can.



Risley Fashion House presents
*Ladies Night - In aid of
Preschool 345*
March 23rd 2017 - Tickets £5
See Tina or Committee member
to purchase.
Our Lady of the Assumption RC
Church Hall, Foster Avenue, Beeston,
Nottingham, NG9 1AE. Doors Open
7.30pm show starts 8.00pm

Labelling of medications/prescriptions

If your child needs to bring medication/a prescription to preschool then it must be clearly labelled with a printed prescription with clear instructions on it.

For example, if your child needs an inhaler, the inhaler itself should have a pharmacy printed label on it with clear details in order that the medication can be safely administered.

If you have any questions please ask.

Many thanks.



SOME DIARY DATES

THIS HALF TERM FINISHES – Fri 10th Feb
TERM STARTS – Mon 20th Feb

LAST DAY OF SPRING TERM – Thurs 30th March (INSET DAY Fri 31st MARCH)

SUMMER TERM STARTS – Tues 18th April

INSET DAYS –
Friday 31st March
Friday 26th May

We are aiming to arrange meet ups on these inset days – keep an eye on your emails for details!



- Our newsletter is published once every half term
- You should receive an email version during the last week of each half term
- Some paper copies are also made available on the parent/carer information table



Tatty Ted's adventures!



Here at Preschool it is not only the children and the ladies that have been welcoming our new families. Tatty Ted has been getting to know all the new faces too.

For those of you that haven't had the pleasure of meeting him yet, Tatty is Preschool's resident Teddy who loves going home with the children, spending time sharing their toys, seeing what they like doing outside of Preschool and meeting their families. You are able to record your adventures in Tatty's diary and we then look at the book and share all the fun times with the other children when he returns from his travels.

As well as meeting lots of new faces over the last few weeks Tatty has also helped the children celebrate Chinese New Year. He enjoyed helping the children create lots of Chinese themed craft, played in the noodles and the rice and tried some yummy Chinese food. Tatty thought it was absolutely delicious!

Tatty also asked us to say a special well done to all the children for really good listening at registration time. This term we introduced a 'sign of the week'. Our language lead Mandy has been sharing a new sign with them each week. Already the children have learnt how to sign 'name', 'family', 'healthy' and Tatty's favourite sign so far 'squirrel'.

Finally, Tatty wishes everyone a lovely half term holiday and looks forward to much more fun next term.

Contact information



Please can you make sure we have up to date email addresses and phone numbers for carers. This helps us to keep in touch with you about important information and also ensures we can easily contact you in case of emergency.

Speak to Tina if you would like to check your details.

Sal's shoes is a charity that collects used children's shoes to give them to children around the world who need shoes.

There will be a box at preschool to collect shoes at the beginning of next half term. This will be there for 2 weeks, so get sorting your shoes!

The shoes need to be wearable (solid soles with no holes), with laces if they need them.

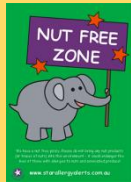
Please take the time to give your shoes a quick clean before you pass them on!

It is requested that shoes are paired with a rubber band to help with sorting.

Happy shoe hunting!

Nut free environment

Preschool is a nut free environment. Therefore if you are sending a packed lunch in for your child please ensure that you do not send in any peanut butter sandwiches, nuts, or other nut products. Thank you!



Mandy's language tips

Being able to communicate is not just about talking. Along with getting your own message across, being able to listen, pay attention, interact, play and understand what's being said are the fundamental building blocks of communication.

We communicate and interact with each other in different ways; we need to learn when to talk, when to listen and take turns in conversation. Children learn from adults by watching how they interact with other adults and with children.

If your child wants your attention while you are talking to someone else ask them to wait a moment until you have finished, don't let them wait too long (less than 30 seconds) then give them eye contact, thank them for waiting and look at your child while they talk to you showing you are interested in what they have to say. When you ask your child something that requires a response give them at least 10 seconds to take in the information to be able to answer you before rephrasing what you've said.

When we listen to children, they learn what to do to be good listeners.

Mandy x

Behaviour tips from Lindsey...

Sometimes it can feel as though all we are saying to our children are things along the lines of "Don't do that! Come here! What are you doing? Argh! Argh!"

Try to step back and narrow down exactly what your child is doing and when and why they/you are struggling.

Concentrate on where the unwanted behaviour happens, is it always during a trip to the supermarket? Then think in what ways the experience could be altered to allow your child to behave as you want them to. Sometimes breaking it down into more manageable pieces makes it easier to deal with.

Some strategies for shopping might include:

- Getting them to help write a shopping list using squiggles, letters, drawings, pictures cut and glued from magazines.
- Give them small jobs to do whilst there e.g. looking for things, picking things from the shelves and ticking items off their list.
- Praise them when they are behaving as you want them to.

(Although there might still be times when you are letting your little one have a scream in the middle of an aisle whilst you are pretending/wishing to be somewhere else!

Recipe corner – Chocolate chip cookies (from Joy)

These cookies are a firm favourite in our house.

Kid's love to help with measuring, weighing and, of course, getting their hands messy!

Maybe you could try these as an activity over half term? Just make sure you follow good hand hygiene and keep children away from the oven...

Ingredients

125g butter/margarine (at room temp)

225g soft light brown sugar

1 egg

150g plain flour

50g strong white bread flour

1 tsp bicarbonate of soda

½ tsp baking powder

Pinch of salt (optional)

200g chocolate chunks, or alternatively use raisins and a pinch of cinnamon.



Method

1. Preheat oven to 180C (160 fan assisted) Gas mark 4. Line 3-4 baking sheets with greaseproof paper.
2. Cream the butter and sugar together in a bowl until pale and smooth. Add the egg and beat in.
3. Add the flours, bicarbonate of soda, baking powder and salt and gently stir together to give a smooth but slightly sticky mixture.
4. Fold in the chocolate.
5. Divide the dough into 12-16 equal sized pieces (depending on the size of cookies you want). Using floured hands, roll each one into a ball before placing onto the baking sheet, approx. 4 per baking sheet. Leave plenty of room for spreading! Flatten each one slightly.
6. Bake in the oven for 10-12 minutes until pale golden. They will still be quite soft to the touch, but remove them from the oven and leave to cool a little on the sheet for about 5 minutes.
7. When slightly set carefully transfer them, using a fish slice, to a wire rack to cool.
8. Enjoy!

Any leftover cookies can be stored in an airtight container for a couple of days.